

Sudan Secondary Breakfast Menu

Fuel your day with Breakfast!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
28	29	30	1	2	No School
			Pancakes Syrup		
			Choice of Cereal		
			Graham Crackers Fruit Selection		
Make it a great day!			Orange Juice Choice of Milk		
5	6	7	8	9	No School
Biscuits and Gravy	Breakfast Sandwich	Blueberry Muffin Cheese Stick	Cinnamon Roll		
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers		
Fruit Selection Apple Juice	Fruit Selection Fruit Blend Juice	Fruit Selection Apple Juice	Fruit Selection Orange Juice		
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		
12	13	14	15	16	No School
Strawberry Cream Cheese Filled Bagel	Sausage Breakfast Pizza	Banana Chocolate Loaf Cheese Stick	Breakfast Taco		
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers		
Fruit Selection	Fruit Selection Fruit Blend Juice	Fruit Selection Apple Juice	Fruit Selection Orange Juice		
Apple Juice Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		
19	20	21	22	23	No School
Glazed Donut	Pancake on a Stick	Sausage Breakfast Pizza	Manager's Choice		
Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers	Choice of Cereal Graham Crackers		
Fruit Selection Apple Juice	Fruit Selection Fruit Blend Juice	Fruit Selection Apple Juice	Fruit Selection Orange Juice		
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk		
26	27	28	29	30	
	_				Menus and nutrition

Students Extra Milk FREE \$0.75 Choice of Milk: 1% White or Chocolate For questions or concerns please contact Tonya Draper, Food Service Director tdraper@sudanisd.net





